



## ***INVITATION***

### **20<sup>TH</sup> SPU INVITATIONAL TAEKWONDO CHAMPIONSHIP 2026**

**TARIKH:** 06 – 08 HB FEBRUARI 2026  
**TEMPAT:** DEWAN MILLENIUM, KEPALA BATAS,  
PULAU PINANG.

**ANJURAN: KELAB SPU MARTIAL ART & TAEKWONDO  
(TM/WTF)**

DENGAN SEGALA HORMATNYA SEMUA DIJEMPUT MENYERTAI

### **20<sup>TH</sup> SPU INVITATIONAL TAEKWONDO CHAMPIONSHIP 2026**

**“ TAEKWONDO MENDISIPLINKAN DIRI”**

**DENGAN IKHLAS,**

.....

**MASTER MOHAMED SABIB BIN ABDULLAH, AMN, PKT, PJK**



## 20<sup>TH</sup> SPU INVITATIONAL TAEKWONDO CHAMPIONSHIP 2026

### **INFORMATION**

No.	SUBJECT	DETAILS																				
1.	DATE	FABRUARY 06-08, 2026																				
2.	VENUE	DEWAN MILLENIUM, KEPALA BATAS, PENANG.																				
3.	SANCTIONED BY ORGANISED BY	TAEKWONDO MALAYSIA (WTF) KEKAB SPU MARTIAL ART & TAEKWONDO (TM/WTF)																				
4.	QUALIFICATION	ALL CLUBS AFFILIATED TO STATE AND TM																				
5.	COMPETITION RULES	WT COMPETITION RULES WITH APPROVED MODIFICATION																				
6.	ENTRIES – BOYS & GIRLS	UNDER 8, 9-17 AGE GROUPS & OPEN AGE 18 ABOVE																				
7.	METHOD OF CONTEST	<p>KYORUGI EVENT:</p> <p><b>CLASS A:</b> GRADE 6 TO GRADE 1 (GREEN BELT TO RED BELT) (SPARING SCORING SYSTEM) BEST OF THREE.</p> <p><b>ALL GOT MEDALS</b></p> <table><tr><td>9 TO 11 YEARS OLD</td><td>NO KICK TO THE HEAD</td></tr><tr><td>12 TO 14 YEARS OLD</td><td>NO KICK TO THE HEAD</td></tr><tr><td>15 TO 17 YEARS OLD</td><td>NO KICK TO THE HEAD</td></tr><tr><td>16 YEARS OLD &amp; ABOVE</td><td>NO KICK TO THE HEAD</td></tr></table> <p><b>CLASS B:</b> GRADE 6 (GREEN BELT &amp; ABOVE) (SPARING SCORING SYSTEM) BEST OF THREE. FULL CONTACT KNOCK-OUT SPARING SYSTEM (GREEN BELT AND ABOVE)</p> <table><tr><td>9 TO 11 YEARS OLD</td><td>KICKING TO THE HEAD</td><td></td></tr><tr><td>12 TO 14 YEARS OLD</td><td>KICKING TO THE HEAD</td><td></td></tr><tr><td>15 TO 17 YEARS OLD</td><td>KICKING TO THE HEAD</td><td></td></tr><tr><td>16 YEARS OLD &amp; ABOVE</td><td>KICKING TO THE HEAD</td><td></td></tr></table>	9 TO 11 YEARS OLD	NO KICK TO THE HEAD	12 TO 14 YEARS OLD	NO KICK TO THE HEAD	15 TO 17 YEARS OLD	NO KICK TO THE HEAD	16 YEARS OLD & ABOVE	NO KICK TO THE HEAD	9 TO 11 YEARS OLD	KICKING TO THE HEAD		12 TO 14 YEARS OLD	KICKING TO THE HEAD		15 TO 17 YEARS OLD	KICKING TO THE HEAD		16 YEARS OLD & ABOVE	KICKING TO THE HEAD	
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16 YEARS OLD & ABOVE	KICKING TO THE HEAD																					

**1. (SUPER CADET)**

AGE 9 TO 11 YEARS

(1min 30 second X 3 rounds X 1 min rest)

**2. (CADET)**

AGE 12 TO 14 YEARS

(1 min 30 second X 3 rounds X 1 min rest)

**3. (JUNIOR)**

AGE 15 TO 17 YEARS

(2 min X 3 rounds X 1 min rest)

**4. (OPEN)**

AGE ABOVE 16 YEARS

(2 min X 3 rounds X 1 min rest)

**POOMSAE: EVENT**

NORMAL POOMSAE

**ALL GOT MEDAL**

INDIVIDUAL	MIX PAIR	TEAM(3 MEMBERS)
6 TO 8 YEARS OLD	BELOW 12 YEARS	BELOW 12 YEARS
9 TO 11 YEARS OLD	BELOW 15 YEARS	BELOW 15 YEARS
12 TO 14 YEARS OLD	BELOW 18 YEARS	BELOW 18 YEARS
15 TO 17 YEARS OLD	BELOW 30 YEARS	BELOW 30 YEARS
18 TO 30 YEARS OLD	30 YEARS ABOVE	30 YEARS ABOVE
31 TO 40 YEARS OLD		
41 TO 50 YEARS OLD		
51 YEARS OLD & ABOVE		

\*EACH PAIR SHOULD CONSIST OF 1 MALE & 1 FEMALE

\*EACH TEAM SHOULD CONSIST OF 3 MALE & 3 FEMALE

**ELITE POOMSAE**

INDIVIDUAL	MIX PAIR	TEAM(3 MEMBERS)
SUPER CADET 9 TO 11 YEARS OLD		
CADET 12 TO 14 YEARS OLD		
JUNIOR 15 TO 17 YEARS OLD		
ADULT 18 TO 30 YEARS OLD		
SENIOR 31 YEARS OLD & ABOVE		

8.	NUMBER OF PARTICIPANTS PER CATEGORY	<b>EACH TEAM CAN REGISTER ANY NUMBER OF PARTICIPANTS IN THE SAME WEIGHT CATEGORY.</b>
9.	MEDALS	MEDALS WILL BE AWARDED IN EVERY WEIGHT DIVISION FOR THE 1 <sup>ST</sup> , 2 <sup>ND</sup> , AND 2 X 3 <sup>RD</sup> PLACINGS.
10	DISCIPLINE	ALL OFFICIALS AND CONTESTANTS ARE RESPONSIBLE FOR THE HIGHEST STANDARDS OF DISCIPLINE. MISBEHAVIOR DURING COMPETITION AND ON THE STADIUM GROUNDS WILL BE DEALT WITH SEVERELY, INCLUDING THE EXPULSION OF ENTIRE TEAM.
11.	PARTICIPATION FEE  PROTEST FEE	<b>RM 60.00 PER PARTICIPANT (KYORUGI) + RM20 FOR PSS SYSTEM) RM 60.00 PER PARTICIPANT (POOMSAE INDIVIDU} RM 120.00 (POOMSAE PAIR) RM 180.00 (TEAM) RM200 PER PROTEST</b>
12.	INDEMNITIES	IT SHALL BE THE RESPONSIBILITY OF THE PARENTS OF PARTICIPANTS AND THEIR INSTRUCTORS TO HAVE VALIDLY COMPLETED THE PARTICIPATION FORMS, WITH COPIES OF BIRTH CERTIFICATES, AND HAVE THEM SIGNED INDEMNIFYING SPU MARTIAL ART & TAEKWONDO (TM/WTF), THE ORGANISING COMMITTEE, ITS OFFICIALS AND OTHER CONTESTANTS FROM ANY CLAIMS OF INJURIES, LOSSES, FATAL OR OTHERWISE ARISING IN THE COURSE OF PARTICIPATION IN THIS CHAMPIONSHIP OR ANY OTHER ACTIVITIES THEREFORE.  IT SHALL BE THE RESPONSIBILITY OF THE RESPECTIVE INSTRUCTORS/PARENTS TO ENSURE THAT PARTICIPANTS AND OFFICIALS ARE COVERED WITH VALID INSURANCE COVERAGE.
13.	SPARRING EQUIPMENT	(I) THE ORGANIZERS WILL PROVIDE SENSOR VEST AND SOCKS (II) GROIN GUARDS AND MOUTH GUARDS ARE COMPULSORY (III) SOFT PROTECTIVE GUARDS FOR FOREARMS AND SHINS ARE COMPULSORY.
14.	WEIGH-IN  TEAM MANAGERS MEETING	VENUE: MILLENIUM, KEPALA BATAS DATE: FEBRUARY 06, 2026 TIME: 4.00PM – 6.00PM VENUE: DEWAN MILLENIUM, KEPALA BATAS DATE: FEBRUARY 07, 2026 TIME: 8.00 AM

15.	ENTRIES CLOSING DATE	<b>JANUARY 10, 2026.</b> PLEASE ADHERE TO THE CLOSING DATE TO ENABLE SMOOTH RUNNING OF CHAMPIONSHIPS. COMPLETED PARTICIPATION FORMS MUST BE POST TO 19-5, ECO BLOOM CONDOMINIUM, JALAN ECO MEADOWS 1, 14100 SIMPANG AMPAT, PULAU PINANG. <b>HP: 019 477 8886 / Email: sirsabib@yahoo.com</b>
16.	CONTACT PERSONS	<b>ORGANISING CHAIRPERSON</b> MASTER MOHAMED SABIB BIN ABDULLAH – 019-4778886 PN.KASTURI BINTI BALAKRISHNAN – 017-4656804  Please make cheques payable to – <b>KELAB SPU MARTIAL ART &amp; TAEKWONDO (WTF)</b> <b>07043011014243</b> <b>BANK ISLAM</b>
17.	PARTICIPATION	<b>ALL MALAYSIAN PARTICIPANTS IN THIS CHAMPIONSHIP TO BE REGISTERED WITH TAEKWONDO MALAYSIA (WTF) VIA ITS AFFILIATES WHICH IS THE STATE ASSOCIATION OR PREMIER CLUB OR NATIONAL INSTITUTIONS.</b>

## **ENTRY FORM**

**The Organising Chairperson,**

**20<sup>TH</sup> SPU INVITATIONAL TAEKWONDO CHAMPIONSHIP 2026**  
DEWAN MILLENNIUM, KEPALA BATAS, PENANG

Dear Sir,

We submit herewith our application to participate in the **20<sup>TH</sup> SPU INVITATIONAL TAEKWONDO CHAMPIONSHIP 2025**

NAME OF TEAM :

TEAM MANAGER :

CONTACT NO : E-MAIL:

TEAM COACHES: 1.

2.

3.

Yours truly,

.....  
NAME:

POSITION:

DATE:

**KYORUGI CATEGORY CLASS A & B ENTRY FORM**  
**MALE: 9 – 11 YEARS**  
**(2017, 2016, 2015)**

WEIGHT CATEGORIES	NAME	WEIGHT (KG)	GRED
FIN Below 20kg			
FLY 20.01-23kg			
BANTAM 23.01-26kg			
FEATHER 26.01-29kg			
LIGHT 29.01-32kg			
WELTER 32.01-36kg			
MIDDLE 36.01-40kg			
HEAVY AND ABOVE 40.01-KG			

**KYORUGI CATEGORY CLASS A & B ENTRY FORM**  
**FEMALE: 9 – 11 YEARS**  
**(2017, 2016, 2015)**

WEIGHT CATEGORIES	NAME	WEIGHT (KG)	GRED
FIN Below 18kg			
FLY 18.01-21kg			
BANTAM 21.01-24kg			
FEATHER 24.01-27kg			
LIGHT 27.01-30kg			
WELTER 30.01-34kg			
MIDDLE 34.01-38kg			
HEAVY AND ABOVE 38.01-KG			

# KYORUGI CATEGORY CLASS A & B ENTRY FORM

MALE: 12 – 14 YEARS

(2014, 2013, 2012)

WEIGHT CATEGORIES	NAME	WEIGHT (KG)	GRED
FIN Below 33kg			
FLY 33.01-37kg			
BANTAM 37.01-41kg			
FEATHER 41.01-45kg			
LIGHT 45.01-49kg			
WELTER 49.01-53kg			
L/MIDDLE 53.01-57kg			
MIDDLE 57.01-61KG			
L/HEAVY 61.01-65			
HEAVY 65kg & Above			

# KYORUGI CATEGORY CLASS A & B ENTRY FORM

FEMALE: 12 – 14 YEARS

(2014, 2013, 2012)

WEIGHT CATEGORIES	NAME	WEIGHT (KG)	GRED
FIN Below 29kg			
FLY 29.01-33kg			
BANTAM 33.01-37kg			
FEATHER 37.01-41kg			
LIGHT 41.01-44kg			
WELTER 44.01-47kg			
L/MIDDLE 47.01-51kg			
MIDDLE 51.01-55KG			
L/HEAVY 55.01-59			
HEAVY 59.1 & Above			

**KYORUGI CATEGORY CLASS A & B ENTRY FORM**  
**MALE: 15 - 17 YEARS**  
(2011, 2010, 2009)

WEIGHT CATEGORIES	NAME	WEIGHT (KG)	GRED
FIN Below 45kg			
FLY 45.1 - 48kg			
BANTAM 48.1 - 51kg			
FEATHER 51.1 -55kg			
LIGHT 55.1 - 59kg			
WELTER 59.1 - 63kg			
L/MIDDLE 63.1 - 68kg			
MIDDLE 68.1 – 73kg			
L/ HEAVY 73.1 -78kg			
HEAVY 78.1 & Above			

**KYORUGI CATEGORY CLASS A & B ENTRY FORM**  
**FEMALE: 15 - 17 YEARS**  
(2011, 2010, 2009)

WEIGHT CATEGORIES	NAME	WEIGHT (KG)	GRED
FIN Below 42kg			
FLY 42.1 - 44kg			
BANTAM 44.1 - 46kg			
FEATHER 46.1 -49kg			
LIGHT 49.1 - 52kg			
WELTER 52.1 - 55kg			
L/MIDDLE 55.1 - 59kg			
MIDDLE 59.1 – 63kg			
L/ HEAVY 63.1 -68kg			
HEAVY 68.1 & Above			



**KYORUGI CATEGORY CLASS A & B ENTRY FORM**  
**OPEN**  
**MALE: 16 YEARS AND ABOVE**

WEIGHT CATEGORIES	NAME	WEIGHT (KG)	GRED
A Below 54kg			
B 54.1 - 58kg			
C 58.1 - 63kg			
D 63.1 - 68kg			
E 68.1 - 74kg			
F 74.1 - 80kg			
G 80.1 - 87kg			
H 87kg ABV			

**KYORUGI CATEGORY CLASS A & B ENTRY FORM**  
**OPEN**  
**FEMALE: 16 YEARS AND ABOVE**

WEIGHT CATEGORIES	NAME	WEIGHT (KG)	GRED
A Below 46kg			
B 46.1 - 49kg			
C 49.1 - 53kg			
D 53.1 - 57kg			
E 57.1 - 62kg			
F 62.1 - 67kg			
G 67.1 - 73kg			
H 73kg ABV			

## Poomsae Individual (NORMAL POOMSAE & ELITE POOMSAE)

### Recognized Poomsae Individual

Belt Age Group	White	Yellow	Green	Blue	Red, Poom	1 <sup>st</sup> Dan & Abv
Below 8	S/PUNCH D/PUNCH L/BLOCK U/BLOCK FRONT KICK (ALL 3 TIMES)	Taeguek 1	Taeguek 3	Taeguek 5	Taeguek 7	-
9 – 11	S/PUNCH D/PUNCH L/BLOCK U/BLOCK FRONT KICK (ALL 3 TIMES)	Taeguek 1	Taeguek 3	Taeguek 5	Taeguek 7	-
12 – 14	S/PUNCH D/PUNCH L/BLOCK U/BLOCK FRONT KICK (ALL 3 TIMES)	Taeguek 1	Taeguek 3	Taeguek 5	Taeguek 7	-
15 – 17	-	Taeguek 1	Taeguek 3	Taeguek 5	Taeguek 7	Koryo
Below 30	-	Taeguek 1	Taeguek 3	Taeguek 5	Taeguek 7	Keumgang
Below 40	-	Taeguek 1	Taeguek 3	Taeguek 5	Taeguek 7	Keumgang
Below 50	-	Taeguek 1	Taeguek 3	Taeguek 5	Taeguek 7	Taeback
Above 50	-	Taeguek 1	Taeguek 3	Taeguek 5	Taeguek 7	Taeback

### Poomsae PAIR

Colour Belt Age Group	Green	Blue	Red, Poom	1 <sup>st</sup> Dan & Abv
9 – 11	Taeguek 3	Taeguek 5	Taeguek 7	-
12 – 14	Taeguek 3	Taeguek 5	Taeguek 7	-
15 – 17	Taeguek 3	Taeguek 5	Taeguek 7	Koryo
Below 30	Taeguek 3	Taeguek 5	Taeguek 7	Keumgang
Above 30		Taeguek 5	Taeguek 7	Kuemgang

### Poomsae TEAM

Colour Belt Age Group	Green	Blue	Red, Poom	1 <sup>st</sup> Dan & Abv
9 – 11	Taeguek 3	Taeguek 5	Taeguek 7	-
12 – 14	Taeguek 3	Taeguek 5	Taeguek 7	-
15 – 17	Taeguek 3	Taeguek 5	Taeguek 7	Koryo
Below 30	Taeguek 3	Taeguek 5	Taeguek 7	Keumgang
Above 30		Taeguek 5	Taeguek 7	Kuemgang

# SPARING ENTRY FORM

## CONTESTANTS' PARTICIPATION FORM

The Organising Chairperson,

**20<sup>TH</sup> SPU INVITATIONAL TAEKWONDO CHAMPIONSHIP 2026**

Dear Sir,

I \_\_\_\_\_ hereby allow my

son/daughter/ward \_\_\_\_\_ to compete

in the **20<sup>TH</sup> SPU INVITATIONAL TAEKWONDO CARNIVAL CHAMPIONSHIP 2026**  
**DEWAN MILLENIUM, KEPALA BATAS.**

06 – 08 FEBRUARI 2026

<b>Name</b>				
<b>Date of Birth</b>			<b>M</b>	<b>F</b>
<b>Address</b>				
<b>School/Club</b>				
<b>HP:</b>		<b>MyKad /BC</b>		
<b>Weight</b>	KG	<b>Category</b>		
<b>Grade</b>	(6), (5), (4), (3), (2), (1), (JB), (BB)	<b>Age Group</b>	(9-11) (12-14) (15-17) (16 & ABV)	

I am aware of the possibility of my son/daughter/ward being injured in the full-body contact sparring event and hereby undertake and agree that I will not attach any blame to

**SPU MARTIAL ART & TAEKWONDO & 20<sup>TH</sup> SPU INVITATIONAL TAEKWONDO CHAMPIONSHIP 2026, ITS DULY APPOINTED OFFICIALS AND OTHER CONTESTANTS OR BRING CIVIL PROCEEDINGS OF ANY KIND** against the said organizations, officials and individuals for injuries, losses – fatal or otherwise – arising in the course of my son/daughter/ward competing in the championship or any other incidental therefore.

I hereby confirm that I have duly read and understand the above-mentioned terms and conditions.

.....  
Signature of Parent/Guardian

Name :

NRIC No :

Date :

H Phone :

.....  
Signature of Instructor

Name :

NRIC No :

Date :

H Phone :

# POOMSAE ENTRY FORM

## CONTESTANTS' PARTICIPATION FORM

The Organising Chairperson,  
**20<sup>TH</sup> SPU INVITATIONAL TAEKWONDO CHAMPIONSHIP 2026**

Dear Sir,

I \_\_\_\_\_ hereby allow my  
son/daughter/ward \_\_\_\_\_ to compete

in the **20<sup>TH</sup> SPU INVITATIONAL TAEKWONDO CHAMPIONSHIP 2026**  
**DEWAN MILLENIUM, KEPALA BATAS.**  
06 – 08 FEBRUARI 2026

Name				
Date of Birth			M	F
Address				
School/Club				
HP:,		MyKad / BC		
Weight	KG	Category		
Grade	(9), (8), (7), (6), (5), (4), (3), (2), (1), (JB), (BB)	Age Group	(Below 8) (9-11) (12-14) (15-17), Below 30, Below 40, Below 50, Above 50	

I am aware of the possibility of my son/daughter/ward being injured in the Poomsae event and hereby undertake and agree that I will not attach any blame to

**SPU MARTIAL ART & TAEKWONDO & 20<sup>TH</sup> SPU INVITATIONAL TAEKWONDO CHAMPIONSHIP 2026, ITS DULY APPOINTED OFFICIALS AND OTHER CONTESTANTS OR BRING CIVIL PROCEEDINGS OF ANY KIND** against the said organizations, officials and individuals for injuries, losses – fatal or otherwise – arising in the course of my son/daughter/ward competing in the championship or any other incidental therefore.

I hereby confirm that I have duly read and understand the above-mentioned terms and conditions.

.....  
Signature of Parent/Guardian  
Name :  
NRIC No :  
Date :  
H Phone :

.....  
Signature of Instructor  
Name :  
NRIC No :  
Date :  
H Phone :

### TENTATIVE SCHEDULE

<b>06.02.2026 (FRIDAY)</b>	Registration / Weigh In	4.00 – 6.00 pm	
<b>07.02.2026 (SATURDAY)</b>	Team Managers briefing	8.00 am	
	(NORMAL POOMSAE & ELITE POOMSAE) (MIX PAIR & TEAM) Below 8, 9-11, 12-14, 15-17, Below 30, Below 40, Below 50, Above 50	8.30 am	
	Open Ceremony	12.00 pm	Dewan MILLENIUM, Kepala Batas, P.Pinang.
	Competition resumes	1.00 pm	
	Finish first day	6.00 pm	
<b>08.02.2026 (SUNDAY)</b>	<b>CLASS A &amp; CLASS B</b> Kyorugi (9-11, 12-14, 15-17, 16 &Above)	8.00 am	
	Finish	6.00 pm	

NOTA: JADUAL PERTANDINGAN TERTAKLUK KEPADA PERUBAHAN  
PENGANJUR