



RSB TAEKWONDO CLUB
115A JALAN WIRA JAYA
TAMAN IPOH JAYA TIMUR 1,31350 IPOH, PERAK
TEL NO : 016-5340092



INVITATION

It is our pleasure to extend invitations to all Clubs of Taekwondo Malaysia (WTF) to compete in the KEJOHANAN TAEKWONDO JEMPUTAN RSB 2025. The Championship will be held at the prestigious Stadium Badminton Perak in Ipoh and will host participants from all states in Malaysia.

Only members of TAEKWONDO MALAYSIA (WTF) can participate. Get prepared and sent us your participants for our Championship. We assure your Team will be treated with the utmost hospitality throughout the Championship.

Attached herewith the information.

DATE:-

3rd – 5th Oktober 2025 (Friday - Sunday)

VENUE:-

STADIUM BADMINTON PERAK, IPOH

ORGANISED BY:-

RSB Taekwondo Club

CO-ORGANIZED

Go Sport Ventures & Aspire Dynamic

SUPPORTED BY :-



KEJOHANAN TAEKWONDO JEMPUTAN RSB 2025

INFORMATION & PARTICIPATION FORMS

1.	DATE	03 rd – 5 th OCTOBER 2025																							
2.	VENUE	STADIUM BADMINTON PERAK, IPOH																							
3.	ORGANISER	RSB TAEKWONDO CLUB																							
4.	QUALIFICATION FOR PARTICIPATION AND COACHES	All registered members of Clubs affiliated to Taekwondo Malaysia (WTF). Participants must have a recommendation from their respective club head instructor. All participants must produce their MyKad / birth certificate for verification. For Kyorugi event, minimum grade for participation is Grade 6 (Green belt and above) while Poomsae & Virtual event is open to Grade 8 (Yellow belt and above).																							
5.	COMPETITION RULES	Conventional TM/WTF Competition Rules.																							
6.	TERMS AND CONDITIONS	All travelling, accommodation and food shall be borne by the participants or their respective clubs.																							
7.	TEAM ENTRY	(i) Team Manager (ii) Team Coach (iii) Lady Chaperon (iv) Contestants – Male and Female (with no limit)																							
8.	METHOD OF CONTEST FOR KYORUGI EVENT	Full Contact Knock-Out Sparring System, THE BEST OF THREE (3) ROUNDS PSS SCORING SYSTEM <table border="1"><thead><tr><th colspan="4">KICKING TO VEST ONLY (PSS) NOVICE CARNIVAL</th></tr></thead><tbody><tr><td>9 – 11 years NOVICE JUNIOR</td><td>GREEN & BLUE BELT ONLY</td><td>MALE & FEMALE</td><td>1minute 30 second x 3 rounds x 1 minute rest</td></tr><tr><td>12 – 14 years NOVICE JUNIOR</td><td>GREEN & BLUE BELT ONLY</td><td>MALE & FEMALE</td><td>1minute 30 second x 3 rounds x 1 minute rest</td></tr><tr><td>31 – 40 years</td><td>BLUE BELT ABOVE</td><td>MALE & FEMALE</td><td>1minute 30 second x 3 rounds x 1 minute rest</td></tr><tr><td>41 years above</td><td>BLUE BELT ABOVE</td><td>MALE & FEMALE</td><td>1minute 30 second x 3 rounds x 1 minute rest</td></tr></tbody></table>				KICKING TO VEST ONLY (PSS) NOVICE CARNIVAL				9 – 11 years NOVICE JUNIOR	GREEN & BLUE BELT ONLY	MALE & FEMALE	1minute 30 second x 3 rounds x 1 minute rest	12 – 14 years NOVICE JUNIOR	GREEN & BLUE BELT ONLY	MALE & FEMALE	1minute 30 second x 3 rounds x 1 minute rest	31 – 40 years	BLUE BELT ABOVE	MALE & FEMALE	1minute 30 second x 3 rounds x 1 minute rest	41 years above	BLUE BELT ABOVE	MALE & FEMALE	1minute 30 second x 3 rounds x 1 minute rest
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41 years above	BLUE BELT ABOVE	MALE & FEMALE	1minute 30 second x 3 rounds x 1 minute rest																						

**FULL CONTACT KNOCKOUT SPARRING SYSTEM
(PSS SCORING SYSTEM CLASS A)**

9 – 11 years	BLUE BELT ABOVE	MALE & FEMALE	1 minute 30 second x 3 rounds x 1 minute rest
12 – 14 years	BLUE BELT ABOVE	MALE & FEMALE	1 minute 30 second x 3 rounds x 1 minute rest
15 – 17 years	BLUE BELT ABOVE	MALE & FEMALE	2 minute x 3 rounds x 1 minute rest
17 years ABOVE	BLUE BELT ABOVE	MALE & FEMALE	2 minute x 3 rounds x 1 minute rest

DIVISION (BLUE BELT ABOVE)	MALE TEAM SPARRING 3 VS 3	FEMALE TEAM SPARRING 3 VS 3
9 – 11 years	Not exceeding 100kg	Not exceeding 90kg
12 – 14 years	Not exceeding 130kg	Not exceeding 110kg
15 – 17 years	Not exceeding 170kg	Not exceeding 150kg
18 years above	Not exceeding 190kg	Not exceeding 160kg

Please refer to Appendix A for weight categories.

9. **METHOD OF CONTEST
FOR RECOGNISED
POOMSAE
PROFESSIONAL &
CARNIVAL EVENT**

Only TM and WTF approved dobok is allowed.
No accompanying music is allowed.

INDIVIDUAL MALE & FEMALE	MIXED PAIR (1 MALE 1 FEMALE)	TEAM (3 MALE OR 3 FEMALE)
6 – 8 years Carnival		
9 – 11 years Carnival		
12 – 14 years Carnival		
INDIVIDUAL MALE & FEMALE (PROFESSIONAL) (Medals counted for overall champion)		
9 – 11 years	9 – 11 years	9 – 11 years
12 – 14 years	12 – 14 years	12 – 14 years
15 – 17 years	15 – 17 years	15 – 17 years
18 – 30 years	18 years above	18 years above
31 – 40 years		
41 – 50 years		
51years above		

Please refer to Appendix B for designated Poomsae in the respective events and categories.

10.	METHOD OF CONTEST FOR VIRTUAL TAEKWONDO EVENT	<p>Individual (Karnival 4 in 1 group)</p> <ul style="list-style-type: none"> • 8 - 9 Years Old Male & Female • 10 – 11 Years Old Male & Female • 12 – 14 Years Old Male & Female • 15 - 17 Years Old Male & Female • 18 – 35 Years Old Male & Female • Above 36 years Old Mixed <p>1 minutes x 3 rounds x 1 minutes rest.</p> <p>(subject to the discretion of the organizers)</p> <p>Each match is a Best-of-Three (3) rounds.</p> <p>Explanation of Mixed Terminology:</p> <p>The 'mixed' categories refer to male and female athletes randomly drawn and possibly competing against each other.</p> <p>The 'male' and 'female' categories refer to male athletes competing against other male athletes, and female athletes competing against other female athletes.</p> <p>Please refer to Appendix D for further information.</p>
11.	DISCIPLINE	<p>All officials and participants should strictly observe the decorum of TM (WTF) and the rules & regulations of competition.</p> <p>Imposing a fine of not more than RM1,000 for teams who litter and dirty the competition venue.</p> <p>Disqualify the team or individual for vandalism and impose a fine of not more than RM3,000 to the respective club and the club will be liable for all damages.</p>
12.	TECHNICAL DELEGATE / CSB MEMBERS, REFEREES AND JUDGES	Shall be appointed by TM and the Referee Committee of Persekutuan Taekwondo (WTF) Negeri Perak.
13.	AWARDS PRESENTATIONS	<p>Participation certificate will be awarded to every participant.</p> <p>Medals and achievement certificates will be awarded to the winners of each category:</p> <ul style="list-style-type: none"> i) Kyorugi – 1 Gold x 1 Silver x 2 Bronze ii) Poomsae Individual – 1 Gold x 1 Silver x 2 Bronze iii) Poomsae Mixed-Pair – 2 Gold x 2 Silver x 4 Bronze iv) Poomsae Team – 3 Gold x 3 Silver x 6 Bronze v) Virtual Taekwondo – 1 Gold x 1 Silver x 2 Bronze vi) Team Sparring – 3 Gold x 3 Silver x 6 Bronze <p>Medal tally for all categories will be according to Clubs. Only categories with at least 4 players will be considered in the medal tally.</p>

		<p><i>1 Champion / 1 First Runner-up / 1 Second Runner-up KYORUGI / POOMSAE / VIRTUAL SPARRING</i></p> <p>In the event of a tie, winners will be determined by the team which won in categories with the most participants.</p>
14.	INDEMNITIES	<p>All participants must complete the Indemnity Form and all signatories of the Indemnity Form shall take full responsibility during the championship.</p> <p>It is the responsibility of all participants to possess their own valid personal accident insurance coverage.</p> <p>All participants below the age of 18 must have the consent form signed by their parents / guardians.</p>
15.	PARTICIPATION FEE	<p>Kyorugi event : RM60.00 per participant + RM20.00 for PSS system</p> <p>Poomsae Individual : RM60.00 per participant</p> <p>Poomsae Mixed Pair RM120.00 per team</p> <p>Poomsae Team RM180.00 per team</p> <p>Kyorugi Team Event : RM200 per team of 3</p> <p>Virtual Sparring : RM80.00 per participant</p> <p>All cheques should be made payable to: “RSB TAEKWONDO CLUB”</p> <p>Bank Account No.: RHB BANK 25809300010249</p> <p>*Participation fees are non-refundable.</p>
16.	PROTECTIVE EQUIPMENT	<p>Approved shin and forearm guards, mouth guards & groin guards are Compulsory.</p> <p>Organiser will only provide protective Equipment for full PSS (Head Guard, Body Vest and E-Socks)</p> <p>Exponents are encouraged to use hand gloves.</p>
17.	PROTEST FEE	RM 200.00 per protest.
18.	REGISTRATION OFFICIAL WEIGH-IN	<p>Registration and weigh-in will be on 2nd October 2025 (Thursday) at:</p> <p><u>Stadium Badminton Perak, Ipoh</u></p> <p>Official Weigh-In : 12.00 – 5.30 p.m.</p>
19.	CLOSING DATE FOR ENTRIES	<p>Closing date for entries is on 10 September 2025 or the first 2000 participants whichever comes first.</p> <p>Participants are required to complete both the online registration form and the hardcopy participation form.</p>

		<p>The proof of payment, should be submitted by Whatsapp or email to:</p> <p>RSB TAEKWONDO CLUB 115A JALAN WIRA JAYA TAMAN IPOH JAYA TIMUR 1 31350 IPOH, PERAK E-mail address: rsb_acad@yahoo.com HP NO : 016-5340092 (GM Nawas)</p> <p>Entries received after the closing date or incomplete entries will not be entertained.</p>
20.	ENQUIRIES	<p>For further information and enquiries, please contact: GRANDMASTER NAWAS KHAN - 016-5340092 MASTER ANGERIK – 016-4102104</p>

ATUCARA
KEJOHANAN TAEKWONDO JEMPUTAN
R\$B 2025

DATE	TIME	EVENT	VENUE
2 nd Oct 2025 (Thursday)	12:00PM – 7.00PM	HALL ARRANGMENT	ARENA BADMINTON PERAK IPOH
	12.00PM – 5.30PM	OFFICIAL WEIGH-IN	
3 rd Oct 2025 (Friday)	8.00 – 9.00AM	REFEREE REFRESHER & MANAGER MEETING	
	9.00 – 12.30PM	POOMSAE PROFESSIONAL/ KYORUGI EVENT NOVICE 9 – 11 & 12 – 14 years	
	12.30 – 2.30PM	FRIDAY PRAYERS & LUNCH	
	2.30 – 9.00PM	POOMSAE & KYORUGI EVENT PRIZE GIVING	
4 th Oct 2025 (Saturday)	8.00 – 9.00AM	REFEREE REFRESHER & MANAGER MEETING	
	9.00 – 12.00PM	POOMSAE CARNIVAL / KYORUGI EVENT / VIRTUAL EVENT	
	12.00 – 1.30PM	OPENING CEREMONY / LUNCH	
	1.30 – 9.00PM	POOMSAE & KYORUGI EVENT PRIZE GIVING	
5 th Oct 2025 (Sunday)	8.00 – 9.00AM	REFEREE REFRESHER & MANAGER MEETING	
	9.00 – 12.00PM	VIRTUAL EVENT & KYORUGI EVENT	
	1.00 – 2.00PM	LUNCH	
	2.00 – 5.00PM	KYORUGI EVENT / TEAM SPARRING PRIZE GIVING	

Appendix A

KYORUGI - AGE CATEGORY AND WEIGHT DIVISION TABLE CLASS A & NOVICE

CATEGORY A - 9 – 11 YEARS OLD (CLASS A & NOVICE CARNIVAL)			
MALE		FEMALE	
FIN	20 KG AND BELOW	FIN	18 KG AND BELOW
FLY	20.01 KG – 23KG	FLY	18.01 KG – 21 KG
BANTAM	23.01 KG – 26 KG	BANTAM	21.01 KG – 24 KG
FEATHER	26.01 KG – 29 KG	FEATHER	24.01 KG – 27 KG
LIGHT	29.01 KG – 32 KG	LIGHT	27.01 KG – 30 KG
WELTER	32.01 KG – 36 KG	WELTER	30.01 KG – 34 KG
MIDDLE	36.01 KG – 40 KG	MIDDLE	34.01 KG – 38 KG
HEAVY	40.01 KG AND ABOVE	HEAVY	38.01 KG AND ABOVE

CATEGORY B - 12 – 14 YEARS OLD (CLASS A & NOVICE CARNIVAL)			
MALE		FEMALE	
FIN	33 KG AND BELOW	FIN	29 KG AND BELOW
FLY	33.01 KG – 37 KG	FLY	29.01 KG – 33 KG
BANTAM	37.01 KG – 41 KG	BANTAM	33.01 KG – 37 KG
FEATHER	41.01 KG – 45 KG	FEATHER	37.01 KG – 41 KG
LIGHT	45.01 KG – 49 KG	LIGHT	41.01 KG – 44 KG
WELTER	49.01 KG – 53 KG	WELTER	44.01 KG – 47 KG
LIGHT MIDDLE	53.01 KG – 57 KG	L / MIDDLE	47.01 KG – 51 KG
MIDDLE	57.01 KG – 61 KG	MIDDLE	51.01 KG – 55 KG
LIGHT HEAVY	61.01 KG – 65 KG	L / HEAVY	55.01 KG – 59KG
HEAVY	65.01 KG AND ABOVE	HEAVY	59.01 KG AND ABOVE

CATEGORY C - 15 – 17 YEARS OLD (CLASS A)			
MALE		FEMALE	
FIN	45 KG AND BELOW	FIN	42KG AND BELOW
FLY	45.01 KG – 48 KG	FLY	42.01 KG – 44 KG
BANTAM	48.01 KG – 51 KG	BANTAM	44.01 KG – 46 KG
FEATHER	51.01 KG – 55 KG	FEATHER	46.01 KG – 49 KG
LIGHT	55.01 KG – 59 KG	LIGHT	49.01 KG – 52 KG
WELTER	59.01 KG – 63KG	WELTER	52.01 KG – 55KG
LIGHT MIDDLE	63.01 KG – 68KG	L / MIDDLE	55.01 KG – 59 KG
MIDDLE	68.01 KG – 73 KG	MIDDLE	59.01 KG – 63 KG
LIGHT HEAVY	73.01 KG – 78 KG	L / HEAVY	63.01 KG – 68KG
HEAVY	78.01 KG AND ABOVE	HEAVY	68.01 KG AND ABOVE

CATEGORY D - 17 YEARS OLD ABOVE (CLASS A)			
MALE		FEMALE	
FIN	54 KG AND BELOW	FIN	46 KG AND BELOW
FLY	54.01 KG – 58 KG	FLY	46.01 KG – 49 KG
BANTAM	58.01 KG – 63 KG	BANTAM	49.01 KG – 53 KG
FEATHER	63.01 KG – 68 KG	FEATHER	53.01 KG – 57 KG
LIGHT	68.01 KG – 74 KG	LIGHT	57.01 KG – 62 KG
WELTER	74.01 KG – 80 KG	WELTER	62.01 KG – 67 KG
MIDDLE	80.01 KG – 87 KG	MIDDLE	67.01 KG – 73 KG
HEAVY	87.01 KG AND ABOVE	HEAVY	73.01 KG AND ABOVE

KYORUGI 31 – 40 years old & 41 years old above (BLUE BELT ABOVE)

MALE		FEMALE	
FIN	58KG AND BELOW	FIN	49KG AND BELOW
FLY	58,01 KG – 68 KG	FLY	49.01 KG – 57 KG
BANTAM	<u>68.01 KG ABOVE</u>	BANTAM	57.01 KG ABOVE

TEAM SPARRING

DIVISION (BLUE BELT ABOVE)	MALE TEAM SPARRING 3 VS 3	FEMALE TEAM SPARRING 3 VS 3
9 – 11 years	Not exceeding 100kg	Not exceeding 90kg
12 – 14 years	Not exceeding 130kg	Not exceeding 110kg
15 – 17 years	Not exceeding 170kg	Not exceeding 150kg
18 years above	Not exceeding 190kg	Not exceeding 160kg

Appendix B**RECOGNIZED POOMSAE - AGE CATEGORY AND DESIGNATED POOMSAE****MIXED PAIR & TEAM**

SUPER CADET 9 – 11 YEARS	
YELLOW & GREEN BELT	TAEGEUK 2
BLUE & RED BELT	TAEGEUK 5
POOM BELT	TAEGEUK 7
CADET 12 – 14 YEARS	
YELLOW & GREEN BELT	TAEGEUK 2
BLUE & RED BELT	TAEGEUK 5
POOM BELT	TAEGEUK 7
JUNIOR 15 – 17 YEARS	
YELLOW & GREEN BELT	TAEGEUK 2
BLUE & RED BELT	TAEGEUK 5
POOM & BLACK BELT	KORYO
1ST SENIOR 18 – 30 YEARS	
YELLOW & GREEN BELT	TAEGEUK 2
BLUE & RED BELT	TAEGEUK 5
BLACK BELT	KEUMGANG

RECOGNIZED POOMSAE - AGE CATEGORY AND DESIGNATED POOMSAE**INDIVIDUAL EVENT (MALE & FEMALE)**

6 – 8 YEARS CARNIVAL	
YELLOW BELT	TAEGEUK 1
GREEN BELT	TAEGEUK 3
BLUE BELT	TAEGEUK 5
RED BELT	TAEGEUK 7
POOM BELT	TAEGEUK 7

9 – 11 YEARS CARNIVAL & PROFESSIONAL	
YELLOW BELT	TAEGEUK 1
GREEN BELT	TAEGEUK 3
BLUE BELT	TAEGEUK 5
RED BELT	TAEGEUK 7
POOM BELT	TAEGEUK 8

12 – 14 YEARS CARNIVAL & PROFESSIONAL	
YELLOW BELT	TAEGEUK 1
GREEN BELT	TAEGEUK 3
BLUE BELT	TAEGEUK 5
RED BELT	TAEGEUK 7
POOM BELT	TAEGEUK 8

15 – 17 YEARS PROFESSIONAL	
YELLOW BELT	TAEGEUK 1
GREEN BELT	TAEGEUK 3
BLUE BELT	TAEGEUK 5
RED BELT	TAEGEUK 7
POOM & BLACK BELT	KORYO

1ST SENIOR 18 – 30 YEARS PROFESSIONAL	
YELLOW BELT	TAEGEUK 1
GREEN BELT	TAEGEUK 3
BLUE BELT	TAEGEUK 5
RED BELT	TAEGEUK 7
BLACK BELT	KORYO

2ND SENIOR 31 – 40 YEARS PROFESSIONAL	
BLUE BELT BELOW	TAEGEUK 3
RED BELT	TAEGEUK 7
BLACK BELT	KEUMGANG

3RD SENIOR 41 – 50 YEARS PROFESSIONAL	
BLACK BELT	TAEBAEK

4TH SENIOR 51 YEARS ABOVE PROFESSIONAL	
BLACK BELT	TAEBAEK

KEJOHANAN TAEKWONDO JEMPUTAN RSB 2025

ENTRY FORM

To,
The Organizing Chairman

Dear Sir,

I hereby apply to compete in the Kejohanan Taekwondo Jemputan RSB 2025 at Stadium Badminton Perak, Ipoh on 3 October 2025 – 5 October 2025.

Name: _____

Date of Birth: _____ MyKad No. / BC No.: _____ Grade / Dan: _____

TM Registration No.: _____ Contact No.: _____

Gender: M / F School Name/Club Name: _____

☐ **Kyorugi Event** Weight: _____ KG Weight Cat: _____

Age Group: 9 – 11 / 12 – 14 / 15 – 17 / Above 17 / 31 – 40 / 41 above

☐ **Poomsae Event Individual** ☐ **Mixed-Pair** ☐ **Team**

Age Group: 6 - 8 / 9 - 11 / 12 - 14 / 15 – 17 / 18 - 30 / Above 31 – 40 / 41 – 50 / 50 above

☐ **Team Sparring 3 vs 3**

Age Group: 9 – 11 / 12 – 14 / 15 – 17 / Above 18

☐ **Virtual Taekwondo Event**

Age Group: 8 – 9 / 10 – 11 / 12 - 14 / 15 – 17 / 18 – 35 / 36 above

I hereby acknowledge and consent to the organiser to use to use and display media content featuring my image, solely for purposes related to the competition in collaboration with the organiser. I am aware of the possibility of myself being injured in full body contact sparring and/ Virtual Sparring or poomsae event, I hereby undertake and agree that I will not attach any blame or bring civil proceedings against Taekwondo Malaysia (WTF), Persekutuan Taekwondo (WTF) Negeri Perak, RSB Taekwondo Club the Organizing Committee, its officials, representatives, and other participants. I hereby confirm that I have duly read, understood and agree to the above-mentioned terms and conditions.

Signature of Participant

Name:

NRIC:

Date:

Signature of Team Manager / Coach

Name:

NRIC:

Date:

FOR PARTICIPANTS AGED BELOW 18 YEARS OLD ONLY

I,
_____ hereby allow my son/daughter/ward to compete in the Kejohanan Taekwondo Jemputan RSB 2025 on 3 October 2025 – 5 October 2025. I hereby acknowledge and give my consent to the organiser to use to use and display media content featuring the image of my son/daughter/ward, solely for purposes related to the competition in collaboration with the organiser. I am aware of the possibility of my son/daughter/ward being injured in full body contact sparring/ Virtual Sparring and/or poomsae event, I hereby undertake and agree that I will not attach any blame or bring civil proceedings against Taekwondo Malaysia (WTF), Persekutuan Taekwondo (WTF) Negeri Perak, RSB Taekwondo Club the Organizing Committee, its officials, representatives, and other participants. I hereby confirm that I have duly read, understood and agree to the above-mentioned terms and conditions.

Signature of Parent / Guardian of Participant

Name:

NRIC:

Date: