

12TH SPEED POWER INTERNATIONAL OPEN TAEKWONDO CHAMPIONSHIP 2025 (PHYSICAL & ONLINE)

7TH - 9TH FEBRUARY 2025

**(FRIDAY - SUNDAY) (SCHOOL HOLIDAY)
STADIUM TITIWANGSA KUALA LUMPUR
MALAYSIA**

TYPES OF EVENT



KYORUGI



POOMSAE



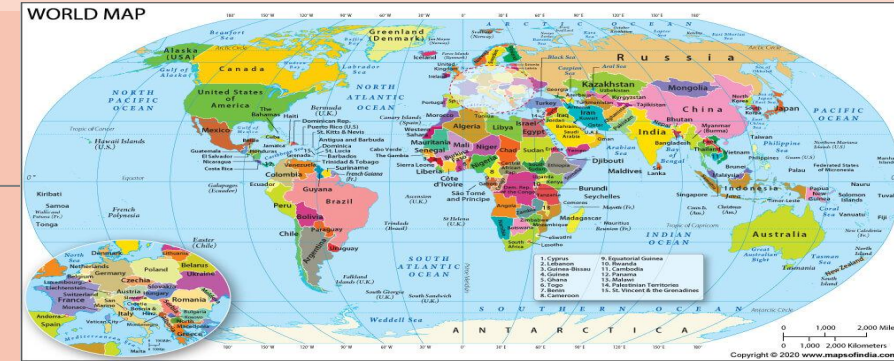
TEAM KYORUGI

PARTICIPATING COUNTRIES

12TH SPEED POWER INTERNATIONAL OPEN TAEKWONDO CHAMPIONSHIP 2025



MALAYSIA



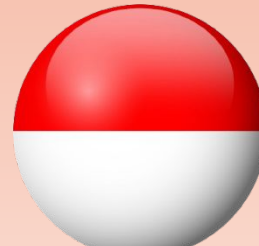
THAILAND



SINGAPORE



BRUNEI



INDONESIA



PHILIPPINES



SRI LANKA



NEPAL



SOUTH KOREA



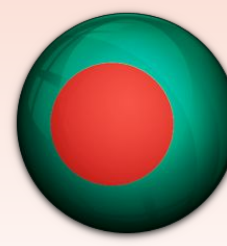
VIETNAM



MYANMAR



INDIA



BANGLADESH



AUSTRALIA



CHIINA




IRAN

NO	SUBJECT	DETAILS																								
1.	DATE	7 TH -9 th FEBRUARY 2025																								
2.	VENUE	STADIUM TITIWANGSA KUALA LUMPUR MALAYSIA																								
3.	ORGANIZER	SPEED POWER TAEKWONDO (WTF)																								
4.	SUPPORTED BY	TAEKWONDO MALAYSIA (WTF) MINISTRY OF EDUCATION, MALAYSIA																								
5.	QUALIFICATION OF PARTICIPANT	ALL TAEKWONDO MEMBERS																								
6.	COMPETITION RULES	WT SYSTEM: With Full PSS																								
7.	CONTENT 1) Kyorugi (Seniors & Juniors Cadet / Super Cadet)	<div><div>1. FULL CONTACT KNOCKOUT</div><div>Full contact knockout elimination tournament comprising (Best Of 3) (Blue belt above)</div><table><tr><td rowspan="4">AGE</td><td>9 – 11</td><td>SUPER CADET</td><td>1 ½ minute 3 round rest 1 minute</td></tr><tr><td>12 – 14</td><td>CADET</td><td>1 ½ minute 3 round rest 1 minute</td></tr><tr><td>15 – 17</td><td>JUNIOR</td><td>2 minute 3 round rest 1 minute</td></tr><tr><td>17 YEARS ABOVE</td><td>SENIOR</td><td>2 minute 3 round rest 1 minute</td></tr></table><div>2. AMATEUR</div><table><tr><td>AGE</td><td>9 – 11 YEARS / 12-14</td><td>(Only Blue Belt and Red Belt)</td></tr><tr><td></td><td>ABOVE 30 YEARS</td><td>(OPEN BLUE BELT ABOVE)</td></tr></table><div>3. TEAM KYORUGI (3 VS 3)</div><table><tr><td>AGE CATEGORY</td><td>9 - 11</td><td>12 - 14</td><td>15 - 17</td><td>18 ABOVE</td></tr></table></div>	AGE	9 – 11	SUPER CADET	1 ½ minute 3 round rest 1 minute	12 – 14	CADET	1 ½ minute 3 round rest 1 minute	15 – 17	JUNIOR	2 minute 3 round rest 1 minute	17 YEARS ABOVE	SENIOR	2 minute 3 round rest 1 minute	AGE	9 – 11 YEARS / 12-14	(Only Blue Belt and Red Belt)		ABOVE 30 YEARS	(OPEN BLUE BELT ABOVE)	AGE CATEGORY	9 - 11	12 - 14	15 - 17	18 ABOVE
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NO	SUBJECT	DETAILS
	2) Poomsae	Cut-Off WT system (Latest WT Rules) Individual / Pair Team / Family Pair
	3) Taerobic	5 in a Team, Mix Male and Female / 2 Minute performance with own music.
8	AWARD PRESENTATIONS	Prizes will be awarded in every weight division <u>KYORUGI</u> 1 – Gold, 1 – Silver, and 2 - Bronze. OVERALL TROPHY FOR CHAMPION, 1ST RUNNER-UP & 2ND RUNNER-UP □ OVERALL CHALLENGE TROPHY FOR MEDAL TALLY MINIMUM OF 4 CONTESTANTS IN EACH CATEGORY
9	PROTEST FEE	RM200.00 PER PROTEST

NO	SUBJECT	DETAILS
10.	POOMSAE	All age group
11.	ACCOMODATION	Own arrangement by their Team Manager.
12.	PARTICIPATION	All Malaysian participants in this Championship to be registered with Taekwondo Malaysia (WTF) via its affiliates which is the State Association or Premier Club or National Institutions. All foreign participants are required to be a member of their National Governing body affiliated to World Taekwondo (WT) via their affiliates or clubs.
13.	INDEMNITIES	<p>It shall be the responsibility of the participants from the respective affiliates to have already validly completed the participation forms and have them signed indemnifying the Organizing Committee, its officials and other contestants from any claims of injuries, losses, fatal or otherwise arising in the course of participation in this championship or any other activities therefore.</p> <p>All participants below the age of 18 should be approved and signed by parents/guardians.</p> <p>It shall be the responsibility of the respective team manager and coach of the team affiliates to ensure that participants and officials are covered with effective insurance coverage.</p>
14.	SPARRING EQUIPMENT	<div><div>(i)</div><div>The Organizer will only provide protective Equipment for full PSS. (Head Guard , Body West and Leg Sensor Socks)</div></div> <div><div>(i)</div><div>The Participants should prepare their own equipment. (Arm Guard , Shin Guard , Groin Guard, Mouth Guard and Hand Glove) <i>(Groin Guard compulsory wear inside)</i></div></div>

NO	SUBJECT	DETAILS
15.	CHANGE OF PARTICIPANTS	There shall be no withdrawal, change of participants or weight categories after the closing date. There will be no refundable for any withdrawal participants.
16.	OFFICIAL WEIGHING	(i) Sanction categories (Head Kick) compulsory weigh-in (ii) Non-Official category can weight at your center (Dojang). On championship day, if 2kg above or lower then the weight category will be disqualified with full set of sparring gear.
17.	ENTRIES CLOSING DATE	20th January 2025 (Monday) All entries must be confirmed by the above date.
18.	MAILING ADDRESS	12TH SPEED POWER INTERNATIONAL OPEN TAEKWONDO CHAMPIONSHIP 2025 Address : 17-2, Jalan 2A/6, Taman Setapak Indah, 53100 Kuala Lumpur, Malaysia.
19.	REGISTRATION	Registration for participation will be held as follows : 7 TH February 2025 (Friday 8.00am) Participation have to send their consent form and insurance on registration day.
	INSURANCE	All participating team must ensure that the participants suitable and proper insurance coverage which is responsible by Team Manager and Coach
20.	CONTACT PERSON	Dato’ Grand Master Balakrishnan - 012 337 5077 Master Harvin - 014 926 0308 Teck Jun IT Registration - 017 3155 245
21 .	REGISTRATION QR PERSON INCARGE	

KYORUGI WEIGHT CATEGORIES BLUE BELT ABOVE

09 – 11 YEARS (SUPER CADET WEIGHT CATEGORIES)

WEIGHT CATEGORY	MALE	FEMALE
FIN	BELOW 20KG	BELOW 18KG
FLY	20.1KG – 23KG	18.1KG – 21KG
BANTAM	23.1KG – 26KG	21.1KG – 24KG
FEATHER	26.1KG – 29KG	24.1KG – 27KG
LIGHT	29.1KG – 32KG	27.1KG – 30KG
WELTER	32.1KG – 36KG	30.1KG – 34KG
MIDDLE	36.1KG – 40KG	34.1KG – 38KG
HEAVY	ABOVE 40.1KG	ABOVE 38.1KG



12 -14 YERAS (CADET WEIGHT CATEGORIES)

WEIGHT CATEGORY	MALE	FEMALE
FIN	BELOW 33KG	BELOW 29KG
FLY	33.1KG – 37KG	29.1KG – 33KG
BANTAM	37.1KG – 41KG	33.1KG – 37KG
FEATHER	41.1KG – 45KG	37.1KG – 41KG
LIGHT	45.1KG – 49KG	41.1KG – 44KG
WELTER	49.1KG – 53KG	44.1KG – 47KG
LIGHT MIDDLE	53.1KG – 57KG	47.1KG – 51KG
MIDDLE	57.1KG – 61KG	51.1KG – 55KG
LIGHT HEAVY	61.1KG – 65KG	55.1KG – 59KG
HEAVY	ABOVE 65KG	ABOVE 59KG

KYORUGI WEIGHT CATEGORIES

15– 17 YEARS
(JUNIOR WEIGHT CATEGORIES)



17 YEARS ABOVE
(SENIOR WEIGHT CATEGORIES)

WEIGHT CATEGORY	MALE	FEMALE
FIN	BELOW 45KG	BELOW 42KG
FLY	45.1KG – 48KG	42.1KG – 44KG
BANTAM	48.1KG – 51KG	44.1KG – 46KG
FEATHER	51.1KG – 55KG	46.1KG – 49KG
LIGHT	55.1KG – 59KG	49.1KG – 52KG
WELTER	59.1KG – 63KG	52.1KG – 55KG
LIGHT MIDDLE	63.1KG – 68KG	55.1KG – 59KG
MIDDLE	68.1KG – 73KG	59.1KG – 63KG
LIGHT HEAVY	73.1KG – 78KG	63.1KG – 68KG
HEAVY	ABOVE 78KG	ABOVE 68KG

WEIGHT CATEGORY	MALE	FEMALE
FIN	BELOW 54KG	BELOW 46KG
FLY	54.1KG – 58KG	46.1KG – 49KG
BANTAM	58.1KG – 63KG	49.1KG – 53KG
FEATHER	63.1KG – 68KG	53.1KG – 57KG
LIGHT	68.1KG – 74KG	57.1KG – 62KG
WELTER	74.1KG – 80KG	62.1KG – 67KG
MIDDLE	80.1KG – 87KG	67.1KG – 73KG
HEAVY	ABOVE 87KG	ABOVE 73KG

VIRTUAL TAEKWONDO CATEGORIES

9/2/2025 – SUNDAY – 10.00AM
(RM80)

**JUNIOR CATEGORY (MALE/FEMALE ATLETES AGE
BETWEEN 13 AND 15 YEARS OLD)**

**YOUNG ADULT CATEGORY (MALE/FEMALE
ATLETES AGE BETWEEN 16 AND 35 YEARS OLD)**

**ADULT CATEGORY (MALE/FEMALE ATLETES
36 YEARS OLD AND ABOVE)**



CARNIVAL

POOMSAE CONTEST INDIVIDUAL

AGE GROUP (MALE & FEMALE)	BELT	1 st ROUND
BELOW 8, 9 – 11, 12 – 14, 15 – 17 18 – 30 ABOVE 31	YELLOW	TAEGEUK 1
	GREEN	TAEGEUK 3
	BLUE	TAEGEUK 5
	RED	TAEGEUK 7
	POOM/BLACK	KORYO

SANCTION

POOMSAE CONTEST INDIVIDUAL

DIVISION (MALE / FEMALE)	AGE GROUP	1ST ROUND	2ND ROUND
SUPER CADET	9 – 11	TAEGUEK 5	TAEGUEK 6
CADET	12 – 14	TAEGUEK 6	TAEGUEK 7
JUNIOR	15 – 17	TAEGUEK 7	TAEGUEK 8
1ST SENIOR	18 – 30	TAEGUEK 8	KORYO
2ND SENIOR	31 – 40	KORYO	KEUMGANG
1ST MASTER	41 – 50	KEUMGANG	TAEBAEK
2ND MASTER	51 - 60	TAEBAEK	PYONGWON
3 RD MASTER	ABOVE 61	PYONGWON	SHIPJIN

PAIR CONTEST

SUPER JUNIOR	BELOW 10	TAEGEUK 5	TAEGEUK 6
CADET JUNIOR	11 – 13	TAEGEUK 7	TAEGEUK 8
JUNIOR	14 – 18	KORYO	GEUMGANG
1ST SENIOR	19 – 35	GEUMGANG	TAEBACK
2ND SENIOR	ABOVE 36	TAEBACK	PYONGWON



TEAM CONTEST



DIVISION (MALE / FEMALE)	AGE	2ND ROUND	FINAL
SUPER JUNIOR	BELOW 10	TAEGEUK 5	TAEGEUK 6
CADET JUNIOR	11 – 13	TAEGEUK 7	TAEGEUK 8
JUNIOR	14 – 35	KORYO	GEUMGANG
SENIOR	ABOVE 36	GEUMGANG	TAEBACK

FAMILY PAIR CONTEST

AGE GROUP	1ST ROUND	FINAL
CHILD 8 YEARS OLD BELOW	TAEGEUK 2	TAEGEUK 3
CHILD 9 – 11 YEARS OLD	TAEGEUK 3	TAEGEUK 4
CHILD 12 - 14	TAEGEUK 5	TAEGEUK 6
CHILD 15 & ABOVE	TAEGEUK 7	TAEGEUK 8





FREE STYLE POOMSAE

INDIVIDUAL

12 – 17 YEARS OLD

17 YEARS OLD & ABOVE

MIX PAIR

12 – 17 YEARS OLD

17 YEARS OLD & ABOVE

TAEROBIC

AGE GROUP

Below 12

Above 13



TEAM KYORUGI (BLUE BELT ABOVE)

WEIGHT CATEGORY

MALE

FEMALE

9 – 11

NOT ABOVE 150KG

NOT ABOVE 120KG

12 - 14

NOT ABOVE 180KG

NOT ABOVE 150KG

15 – 17

NOT ABOVE 210KG

NOT ABOVE 180KG

18 YEARS ABOVE

NOT ABOVE 240KG

NOT ABOVE 210KG



PARA POOMSAE
9/2/2025 - SUNDAY - 11.00AM
(RM60)

AGE GROUP (MALE & FEMALE)	BELT	1 st ROUND
BELOW 12	YELLOW	TAEGEUK 1
	GREEN	TAEGEUK 3
ABOVE 13	BLUE	TAEGEUK 5
	RED	TAEGEUK 7
	POOM/BLACK	KORYO



Non Official Weight Categories Kyorugi Categories

1 ½ minute 3 round rest 1 minute

9 – 11 Years Old
(Only Blue Belt & Red Belt)
PSS System No Head Kick Allow

WEIGHT CATEGORY	MALE	FEMALE
FIN	BELOW 20KG	BELOW 18KG
FLY	20.1KG – 23KG	18.1KG – 21KG
BANTAM	23.1KG – 26KG	21.1KG – 24KG
FEATHER	26.1KG – 29KG	24.1KG – 27KG
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MIDDLE	36.1KG – 40KG	34.1KG – 38KG
HEAVY	ABOVE 40.1KG	ABOVE 38.1KG

12 – 14 Years
(Only Blue Belt & Red Belt)
Cadet Weight Categories

WEIGHT CATEGORY	MALE	FEMALE
FIN	BELOW 33KG	BELOW 29KG
FLY	33.1KG – 37KG	29.1KG – 33KG
BANTAM	37.1KG – 41KG	33.1KG – 37KG
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LIGHT MIDDLE	53.1KG – 57KG	47.1KG – 51KG
MIDDLE	57.1KG – 61KG	51.1KG – 55KG
LIGHT HEAVY	61.1KG – 65KG	55.1KG – 59KG
HEAVY	ABOVE 65KG	ABOVE 59KG

Above 30 Years (PSS System)
No Head Kick AllowBlue Belt and ABOVE

MALE	FEMALE
Under 58KG	Under 49
58.1KG – 68KG	49.1KG – 57KG
68.1KG – 80KG	57.1KG – 67KG
Over 80.1KG	Over 67.1KG

TENTATIVE PROGRAM 27TH DEC 2025

NO	DATE	TIME	EVENT	PLACE
1.	20/01/2025 (MONDAY)	5.00PM	ENTRIES CLOSING DATE	STADIUM
2.	07/02/2025 (FRIDAY)	8.00AM – 8.30AM	Registration / Weighing (15 – 17 years / 17 years above) Team Manager Brefing / Referee Refresher Brefing	
		8.30AM – 12.30PM	Poomsae (SANCTION) competition starts (Individual 9-11 / 12-14 all category) (Male & Female)	
		12.30PM – 2.30PM	Lunch Break and Friday prayer	
		2.30PM	(Poomsae Pair :- Below 10 / 11-13 / 14 – 18 / 19-35 / Above 36) :- Kyorugi age 15-17 (Male & Female) :- Prize Presentation	TITIWANGSA
3.	08/ 02/2025 (Saturday)	8.00AM – 8.30AM	Team Manager Briefing	
		8.30AM	Poomsae (CARNIVAL) : Individual Below 8 / 9-11 / 12-14 / 15-17 / 18-30 / 31 Years Above Poomsae (SANCTION) : 15-17 / 18-30 / 31-40 / 41-50 / 51 60 / 61 above) Poomsae Team : Below 10 / 11-13 / 14 – 18 / 19-35 / Above 36) Kyorugi Blue Belt Above (Full Contact) 9 – 11 / 17 year above (Male & Female)	
		11.00AM – 12.00PM	Opening Ceremony / Taerobic (all age) / Free style Poomsae (all age)	
		12.00PM	Kyorugi competition continues Kyorugi Blue Belt Above (Full Contact 12-14 years)	
		6.00PM	:- Prize Presentation	
4.	09/02/2025 (Sunday)	8.00AM – 8.30AM	:- Team Manager Briefing	KUALA
		8.30AM	Kyorugi Competition (BODY KICK) Blue & Red belt 9 – 11 / 12 – 14 / (Male & Female) Kyorugi Competition (BODY KICK) Blue Belt Above 30 years (Male & Female) Poomsae Family Pair (Child 8 yrs below / 9-11 / 12-14 / 15 Above) Team Kyorugi Blue Belt Above Full Contact (9-11 / 12 – 14 / 15 – 17 / 18 Above)	
		5.00PM	:- Prize Presentation	
				LUMPUR
				MALAYSIA

**12TH SPEED POWER INTERNATIONAL OPEN TAEKWONDO
CHAMPIONSHIP 2025**

**CONTESTANT PARTICIPATION FORM
MEMBER UNDER 18 AND ABOVE 18 YEARS.**

Age group

Kyorugi	9 – 11 ()	12 – 14 ()	15 – 17 ()	17 Above ()
Poomsae (Sanction)	Individual ()	Pair ()	Team ()	Family Pair ()
Poomsae (Carnival)	Below 8 ()	9 – 11 ()	12 – 14 ()	15 – 17 () 18 – 30 () Above 31 ()
FREE STYLE POOMSAE	Individual ()	Mix Pair ()	TAEROBIC ()	
No Head Kick	9-11 ()	12 – 14 ()	(Only Blue & Red Belt)	30 Years Blue Belt Above ()
TEAM KYORUGI (Blue Belt Above)	9 – 11 ()	12 – 14 ()	15 – 17 ()	18 Above ()

**The Organizing Chairman,
12TH SPEED POWER INTERNATIONAL OPEN TAEKWONDO CHAMPIONSHIP 2025**

Dear Sir/Madam,

I hereby apply to compete in the Kyorugi, Poomsae, Taerobic, Free Style Poomsae, and Team Kyorugi of the 12TH SPEED POWER INTERNATIONAL OPEN TAEKWONDO CHAMPIONSHIP 2025, to be held at the Stadium Titiwangsa Kuala Lumpur Malaysia from **7TH – 9TH February 2025**

Full Name (CAPITAL LETTER)			
Date Of Birth	Age	Gender	
Nationality	IC / MY KID PASSPORT		
Present Grade(BELT) / Dan	Weight (KG)	Weight Category	
State	District		
School			
Name of Club			

I am aware of the possibility of me being injured in the full body contact sparring hereby undertake and agree that I will not attach any blame to the Organizing Committee of the 12TH SPEED POWER INTERNATIONAL OPEN TAEKWONDO CHAMPIONSHIP 2025, Taekwondo Malaysia or their duly appointed officials and other contestants or bring civil proceedings of any kind against the said organizations and the officials for injuries, losses, fatal or otherwise however, arising in the course of my participation in the above Championship or any other incidental there to.

I hereby confirm that I have duly read and understand the above-mentioned terms and conditions.

.....

Signature Parents

Name : _____

HP : _____

Date : _____

.....

Signature Of Instructor

Name : _____

HP : _____

Date : _____

.....

Signature Participant

Name : _____

HP : _____

Date : _____

12TH SPEED POWER WELCOME TO INTERNATIONAL OPEN OUR TAEKWONDO CHAMPIONSHIP

2025

