



INVITATION

19TH SPU INVITATIONAL TAEKWONDO CARNIVAL CHAMPIONSHIP 2025

TARIKH: 10 – 12 HB JANUARI 2025
TEMPAT: DEWAN MILLENIUM, KEPALA BATAS,
PULAU PINANG.

ANJURAN: KELAB TAEKWONDO SPU (TM/WTF)

DENGAN SEGALA HORMATNYA SEMUA DIJEMPUT MENYERTAI
**19TH SPU INVITATIONAL TAEKWONDO CARNIVAL
CHAMPIONSHIP 2025**

“ TAEKWONDO MENDISIPLINKAN DIRI”

DENGAN IKHLAS,

.....
MASTER MOHAMED SABIB BIN ABDULLAH, AMN, PKT, PJK



19TH SPU INVITATIONAL TAEKWONDO CARNIVAL CHAMPIONSHIP 2025

INFORMATION

No.	SUBJECT	DETAILS
1.	DATE	January 10-12, 2025
2.	VENUE	DEWAN MILLENIUM, KEPALA BATAS, PENANG.
3.	SANCTIONED BY ORGANISED BY	TAEKWONDO MALAYSIA (WTF) SPU MARTIAL ART & TAEKWONDO CLUB (TM/WTF)
4.	QUALIFICATION	ALL CLUBS AFFILIATED TO STATE AND TM
5.	COMPETITION RULES	WT COMPETITION RULES WITH APPROVED MODIFICATION
6.	ENTRIES – BOYS & GIRLS	9-17 AGE GROUPS & OPEN AGE 18 ABOVE
7.	METHOD OF CONTEST	<p>SPARRING EVENT: (SPARING SCORING SYSTEM) BEST OF THREE.</p> <p>FULL CONTACT KNOCK-OUT SPARING SYSTEM (BLUE BELT AND ABOVE)</p> <p>1. (SUPER CADET) AGE 9 TO 11 YEARS (1 min 30 second X 3 rounds X 1 min rest)</p> <p>2. (CADET) AGE 12 TO 14 YEARS (1 min 30 second X 3 rounds X 1 min rest)</p> <p>3. (JUNIOR) AGE 15 TO 17 YEARS (2 min X 3 rounds X 1 min rest)</p> <p>4. (OPEN) AGE ABOVE 16 YEARS (2 min X 3 rounds X 1 min rest)</p> <p>POOMSAE: (CARNIVAL) INDIVIDUAL</p> <p>1. BELOW (8 YEARS) 2. (SUPER CADET) AGE: 9 TO 11</p>

		<p>3. (CADET) AGE: 12 TO 14</p> <p>4. (JUNIOR) AGE: 15 TO 17</p> <p>5. BELOW (30 YEARS)</p> <p>6. BELOW (50 YEARS)</p> <p>7. ABOVE (50 YEARS)</p> <p>POOMSAE: (CARNIVAL)</p> <p>PAIR</p> <p>1. (SUPER CADET) AGE: 9 TO 11</p> <p>2. (CADET) AGE: 12 TO 14</p> <p>3. (JUNIOR) AGE: 15 TO 17</p> <p>4. BELOW (30 YEARS)</p> <p>5. ABOVE (30 YEARS)</p> <p>SPEED KICK (CARNIVAL)</p> <p>1. BELOW (8 YEARS) FRONT KICK</p> <p>2. AGE: 9 TO 11 FRONT KICK</p> <p>3. AGE: 12 TO 14 TURNING KICK</p> <p>4. AGE: 15 TO 17 TURNING KICK</p> <p>5. AGE ABOVE 18 TURNING KICK</p>
8.	NUMBER OF PARTICIPANTS PER CATEGORY	EACH TEAM CAN REGISTER ANY NUMBER OF PARTICIPANTS IN THE SAME WEIGHT CATEGORY.
9.	MEDALS	MEDALS WILL BE AWARDED IN EVERY WEIGHT DIVISION FOR THE 1 ST , 2 ND , AND 2 X 3 RD PLACINGS.
10	DISCIPLINE	ALL OFFICIALS AND CONTESTANTS ARE RESPONSIBLE FOR THE HIGHEST STANDARDS OF DISCIPLINE. MISBEHAVIOR DURING COMPETITION AND ON THE STADIUM GROUNDS WILL BE DEALT WITH SEVERELY, INCLUDING THE EXPULSION OF ENTIRE TEAM.
11.	PARTICIPATION FEE PROTEST FEE	<p>RM 60.00 PER PARTICIPANT (KYORUGI) + RM20 FOR PSS SYSTEM)</p> <p>RM 60.00 PER PARTICIPANT (POOMSAE INDIVIDU}</p> <p>RM 100.00 (POOMSAE PAIR)</p> <p>RM 60.00 PER PARTICIPANT (SPEED KICK)</p> <p>RM200 PER PROTEST</p>

12.	INDEMNITIES	<p>IT SHALL BE THE RESPONSIBILITY OF THE PARENTS OF PARTICIPANTS AND THEIR INSTRUCTORS TO HAVE VALIDLY COMPLETED THE PARTICIPATION FORMS, WITH COPIES OF BIRTH CERTIFICATES, AND HAVE THEM SIGNED INDEMNIFYING TAEKWONDO NEGERI PULAU PINANG (WTF), SPU MARTIAL ART & TAEKWONDO (TM/WTF), THE ORGANISING COMMITTEE, ITS OFFICIALS AND OTHER CONTESTANTS FROM ANY CLAIMS OF INJURIES, LOSSES, FATAL OR OTHERWISE ARISING IN THE COURSE OF PARTICIPATION IN THIS CHAMPIONSHIP OR ANY OTHER ACTIVITIES THEREFORE.</p> <p>IT SHALL BE THE RESPONSIBILITY OF THE RESPECTIVE INSTRUCTORS/PARENTS TO ENSURE THAT PARTICIPANTS AND OFFICIALS ARE COVERED WITH VALID INSURANCE COVERAGE.</p>
13.	SPARRING EQUIPMENT	<p>(I) THE ORGANIZERS WILL PROVIDE SENSOR VEST AND SOCKS</p> <p>(II) GROIN GUARDS AND MOUTH GUARDS ARE COMPULSORY</p> <p>(III) SOFT PROTECTIVE GUARDS FOR FOREARMS AND SHINS ARE COMPULSORY.</p>
14.	WEIGH-IN TEAM MANAGERS MEETING	<p>VENUE: MILLENIUM, KEPALA BATAS DATE: January 10, 2025 TIME: 4.00PM – 6.00PM VENUE: DEWAN MILLENIUM, KEPALA BATAS</p> <p>DATE: January 11, 2025 TIME: 8.00 AM</p>
15.	ENTRIES CLOSING DATE	<p>JANUARY 1, 2025. PLEASE ADHERE TO THE CLOSING DATE TO ENABLE SMOOTH RUNNING OF CHAMPIONSHIPS. COMPLETED PARTICIPATION FORMS MUST BE POST TO 19-5, ECO BLOOM CONDOMINIUM, JALAN ECO MEADOWS 1, 14100 SIMPANG AMPAT, PULAU PINANG. HP: 019 477 8886 / Email: sirsabib@yahoo.com</p>
16.	CONTACT PERSONS	<p>ORGANISING CHAIRPERSON MASTER MOHAMED SABIB BIN ABDULLAH – 019-4778886 PN.KASTURI BINTI BALAKRISHNAN – 017-4656804</p> <p>Please make cheques payable to – KELAB SPU MARTIAL ART & TAEKWONDO (WTF)</p>
17.	PARTICIPATION	<p>ALL MALAYSIAN PARTICIPANTS IN THIS CHAMPIONSHIP TO BE REGISTERED WITH TAEKWONDO MALAYSIA (WTF) VIA ITS AFFILIATES WHICH IS THE STATE ASSOCIATION OR PREMIER CLUB OR NATIONAL INSTITUTIONS.</p>

ENTRY FORM

The Organising Chairperson,

19th SPU INVITATIONAL TAEKWONDO CARNIVAL CHAMPIONSHIP 2025
DEWAN MILLENIUM, KEPALA BATAS, PENANG

Dear Sir,

We submit herewith our application to participate in the **19th SPU INVITATIONAL TAEKWONDO CARNIVAL CHAMPIONSHIP 2025**

NAME OF TEAM :

TEAM MANAGER :

CONTACT NO : E-MAIL:

TEAM COACHES: 1.
2.
3.

Yours truly,

.....
NAME:

POSITION: DATE:

**KYORUGI CATEGORY ENTRY FORM
MALE: 9 – 11 YEARS**

WEIGHT CATEGORIES	NAME	WEIGHT (KG)	GRED
FIN Below 20kg			
FLY 20.01-23kg			
BANTAM 23.01-26kg			
FEATHER 26.01-29kg			
LIGHT 29.01-32kg			
WELTER 32.01-36kg			
MIDDLE 36.01-40kg			
HEAVY AND ABOVE 40.01-KG			

**KYORUGI CATEGORY ENTRY FORM
FEMALE: 9 – 11 YEARS**

WEIGHT CATEGORIES	NAME	WEIGHT (KG)	GRED
FIN Below 18kg			
FLY 18.01-21kg			
BANTAM 21.01-24kg			
FEATHER 24.01-27kg			
LIGHT 27.01-30kg			
WELTER 30.01-34kg			
MIDDLE 34.01-38kg			
HEAVY AND ABOVE 38.01-KG			

**KYORUGI CATEGORY ENTRY FORM
MALE: 12 – 14 YEARS**

WEIGHT CATEGORIES	NAME	WEIGHT (KG)	GRED
FIN Below 33kg			
FLY 33.01-37kg			
BANTAM 37.01-41kg			
FEATHER 41.01-45kg			
LIGHT 45.01-49kg			
WELTER 49.01-53kg			
L/MIDDLE 53.01-57kg			
MIDDLE 57.01-61KG			
L/HEAVY 61.01-65			
HEAVY 65kg & Above			

**KYORUGI CATEGORY ENTRY FORM
FEMALE: 12 – 14 YEARS**

WEIGHT CATEGORIES	NAME	WEIGHT (KG)	GRED
FIN Below 29kg			
FLY 29.01-33kg			
BANTAM 33.01-37kg			
FEATHER 37.01-41kg			
LIGHT 41.01-44kg			
WELTER 44.01-47kg			
L/MIDDLE 47.01-51kg			
MIDDLE 51.01-55KG			
L/HEAVY 55.01-59			
HEAVY 59.1 & Above			

**KYORUGI CATEGORY ENTRY FORM
MALE: 15 - 17 YEARS**

WEIGHT CATEGORIES	NAME	WEIGHT (KG)	GRED
FIN Below 45kg			
FLY 45.1 - 48kg			
BANTAM 48.1 - 51kg			
FEATHER 51.1 -55kg			
LIGHT 55.1 - 59kg			
WELTER 59.1 - 63kg			
L/MIDDLE 63.1 - 68kg			
MIDDLE 68.1 – 73kg			
L/ HEAVY 73.1 -78kg			
HEAVY 78.1 & Above			

**KYORUGI CATEGORY ENTRY FORM
FEMALE: 15 - 17 YEARS**

WEIGHT CATEGORIES	NAME	WEIGHT (KG)	GRED
FIN Below 42kg			
FLY 42.1 - 44kg			
BANTAM 44.1 - 46kg			
FEATHER 46.1 -49kg			
LIGHT 49.1 - 52kg			
WELTER 52.1 - 55kg			
L/MIDDLE 55.1 - 59kg			
MIDDLE 59.1 – 63kg			
L/ HEAVY 63.1 -68kg			
HEAVY 68.1 & Above			

KYORUGI CATEGORY ENTRY FORM
 OPEN
 MALE: 16 YEARS AND ABOVE

WEIGHT CATEGORIES	NAME	WEIGHT (KG)	GRED
A Below 54kg			
B 54.1 - 58kg			
C 58.1 - 63kg			
D 63.1 - 68kg			
E 68.1 - 74kg			
F 74.1 - 80kg			
G 80.1 - 87kg			
H 87kg ABV			

KYORUGI CATEGORY ENTRY FORM
 OPEN
 FEMALE: 16 YEARS AND ABOVE

WEIGHT CATEGORIES	NAME	WEIGHT (KG)	GRED
A Below 46kg			
B 46.1 - 49kg			
C 49.1 - 53kg			
D 53.1 - 57kg			
E 57.1 - 62kg			
F 62.1 - 67kg			
G 67.1 - 73kg			
H 73kg ABV			

Poomsae Individual

Recognized Poomsae Individual

Colour Belt Age Group	White, Yellow	Green	Blue	Red, Poom	1 st Dan & Abv
Below 8	Taeguek 1	Taeguek 3	Taeguek 5	Taeguek 7	-
9 – 11	Taeguek 1	Taeguek 3	Taeguek 5	Taeguek 7	-
12 – 14	Taeguek 1	Taeguek 3	Taeguek 5	Taeguek 7	-
15 – 17	Taeguek 1	Taeguek 3	Taeguek 5	Taeguek 7	Koryo
Below 30	Taeguek 1	Taeguek 3	Taeguek 5	Taeguek 7	Keumgang
Below 40	Taeguek 1	Taeguek 3	Taeguek 5	Taeguek 7	Keumgang
Below 50	Taeguek 1	Taeguek 3	Taeguek 5	Taeguek 7	Taeback
Above 50	Taeguek 1	Taeguek 3	Taeguek 5	Taeguek 7	Taeback

Poomsae Pair

Colour Belt Age Group	Green	Blue	Red, Poom	1 st Dan & Abv
9 – 11	Taeguek 3	Taeguek 5	Taeguek 7	-
12 – 14	Taeguek 3	Taeguek 5	Taeguek 7	-
15 – 17	Taeguek 3	Taeguek 5	Taeguek 7	Koryo
Below 30	Taeguek 3	Taeguek 5	Taeguek 7	Keumgang
Above 30		Taeguek 5	Taeguek 7	Kuemgang

Speed Kick

AGE GROUP	TIMING	NOTE
BELOW 8	1 ROUND X 1 MINUTE	FRONT KICK
9 – 11		FRONT KICK
12 – 14		TURNING KICK
15 – 17		TURNING KICK
ABOVE 18		TURNING KICK

SPARING ENTRY FORM

CONTESTANTS' PARTICIPATION FORM

The Organising Chairperson,

19th SPU INVITATIONAL TAEKWONDO CARNIVAL CHAMPIONSHIP 2025

Dear Sir,

I _____ hereby allow my

son/daughter/ward _____ to compete

in the **19th SPU INVITATIONAL TAEKWONDO CARNIVAL CHAMPIONSHIP 2025**

DEWAN MILLENIUM, KEPALA BATAS.

10 – 12 HB JANUARI 2025

Name				
Date of Birth			M	F
Address				
School/Club				
HP:		MyKad /BC		
Weight	KG	Category		
Grade	(4), (3), (2), (1), (JB), (BB)	Age Group	(9-11) (12-14) (15-17) (16 & ABV)	

I am aware of the possibility of my son/daughter/ward being injured in the full-body contact sparring event and hereby undertake and agree that I will not attach any blame to

SPU MARTIAL ART & TAEKWONDO & 19th SPU INVITATIONAL TAEKWONDO CARNIVAL CHAMPIONSHIP 2025, ITS DULY APPOINTED OFFICIALS AND OTHER CONTESTANTS OR BRING CIVIL PROCEEDINGS OF ANY KIND against the said organizations, officials and individuals for injuries, losses – fatal or otherwise – arising in the course of my son/daughter/ward competing in the championship or any other incidental therefore.

I hereby confirm that I have duly read and understand the above-mentioned terms and conditions.

.....
Signature of Parent/Guardian
Name :
NRIC No :
Date :
H Phone :

.....
Signature of Instructor
Name :
NRIC No :
Date :
H Phone :

POOMSAE ENTRY FORM

CONTESTANTS' PARTICIPATION FORM

The Organising Chairperson,

19th SPU INVITATIONAL TAEKWONDO CARNIVAL CHAMPIONSHIP 2025

Dear Sir,

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son/daughter/ward _____ to compete

in the **19th SPU INVITATIONAL TAEKWONDO CARNIVAL CHAMPIONSHIP 2025**

DEWAN MILLENIUM, KEPALA BATAS.

10 – 12 HB JANUARI 2025

Name			
Date of Birth			M
			F
Address			
School/Club			
HP:		MyKad / BC	
Weight	KG	Category	
Grade	(9), (8), (7), (6), (5), (4), (3), (2), (1), (JB), (BB)	Age Group	(Below 8) (9-11) (12-14) (15-17), OPEN

I am aware of the possibility of my son/daughter/ward being injured in the Poomsae event and hereby undertake and agree that I will not attach any blame to

SPU MARTIAL ART & TAEKWONDO & 19th SPU INVITATIONAL TAEKWONDO CARNIVAL CHAMPIONSHIP 2025, ITS DULY APPOINTED OFFICIALS AND OTHER CONTESTANTS OR BRING CIVIL PROCEEDINGS OF ANY KIND against the said organizations, officials and individuals for injuries, losses – fatal or otherwise – arising in the course of my son/daughter/ward competing in the championship or any other incidental therefore.

I hereby confirm that I have duly read and understand the above-mentioned terms and conditions.

.....
Signature of Parent/Guardian

Name :

NRIC No :

Date :

H Phone :

.....
Signature of Instructor

Name :

NRIC No :

Date :

H Phone :

SPEED KICKING ENTRY FORM

CONTESTANTS' PARTICIPATION FORM

**The Organising Chairperson,
19th SPU INVITATIONAL TAEKWONDO CARNIVAL CHAMPIONSHIP 2025**

Dear Sir,

I _____ hereby allow my

son/daughter/ward _____ to compete

in the **19th SPU INVITATIONAL TAEKWONDO CARNIVAL CHAMPIONSHIP 2025**
DEWAN MILLENIUM, KEPALA BATAS.
10 – 12 HB JANUARI 2025

Name			
Date of Birth			M
			F
Address			
School/Club			
HP:		MyKad /BC	
Weight	KG	Category	
Grade	(9), (8), (7), (6), (5), (4), (3), (2), (1), (JB), (BB)	Age Group	(BELOW 8) (9-11) (12-14) (15-17) OPEN

I am aware of the possibility of my son/daughter/ward being injured in the Speed Kicking event and hereby undertake and agree that I will not attach any blame to **SPU MARTIAL ART & TAEKWONDO & 19th SPU INVITATIONAL TAEKWONDO CARNIVAL CHAMPIONSHIP 2025, ITS DULY APPOINTED OFFICIALS AND OTHER CONTESTANTS OR BRING CIVIL PROCEEDINGS OF ANY KIND** against the said organizations, officials and individuals for injuries, losses – fatal or otherwise – arising in the course of my son/daughter/ward competing in the championship or any other incidental therefore.

I hereby confirm that I have duly read and understand the above-mentioned terms and conditions.

.....
Signature of Parent/Guardian

Name :
NRIC No :
Date :
H Phone :

.....
Signature of Instructor

Name :
NRIC No :
Date :
H Phone :

TENTATIVE SCHEDULE

10.1.2024 (FRIDAY)	Registration / Weigh In	4.00 – 6.00pm	
11.1.2025 (SATURDAY)	Team Managers briefing	8.00 am	
	Kyorugi (9-11) Poomsae (9-11, BELOW 8) Speed Kick (9-11, BELOW 8)	8.30 am	
	Open Ceremony	12.00 pm	Dewan MILLENIUM, Kepala Batas, P.Pinang.
	Competition resumes	1.00 pm	
	Finish first day	6.00 pm	
12.1.2025 (SUNDAY)	Kyorugi (12-14, 15-17, 16 &Above) Poomsae (12-14, 15-17, Open) Speed Kick (12-14, 15-17, Open)	8.00 am	
	Finish	6.00 pm	